

SPIRITUAL FORMATION FALL 2016 UPDATE

MISSION TRIPS, CHARLOTTE NC

"I am thankful for such an amazing weekend filled with worship, laughter, prayers and praises all stemming from one amazing God! We experienced such rich culture, one being an authentic Ethiopian coffee ceremony with our new friends Pastor Israel and Mary who opened their home to us and fed us traditional food...literally fed us."

- Hunter Printz- Cross Country

FCA, TUESDAY NIGHTS

"FCA has been a time each week for me to decompress in the midst of a busy athletic and academic schedule. It's a time for me to get to know other athletes on campus and build lasting relationships with them. It's incredible to be a part of an organization that actively helps people begin and mature their walks with Jesus."

- Kate Mason- W. Soccer



LOCAL OUTREACH, CARTER LAWRENCE AFTER SCHOOL PROGRAM

"Going to Carter Lawrence always brings me joy! The kids seem to really enjoy spending time with me and I feel the same about them. I go there with every intention of showing the kids a great time because I realize that they might not be quite as fortunate as I, but many times I depart feeling as though I am the beneficiary. God has blessed me with the opportunity to work with these kids not only for their sake, but for mine as well."

- Brandon Braumuller- M. Soccer

BIBLE STUDY / MENTORING:

"Sunrise slayers has been incredible for me. It's always great to set aside time for God, but I think it's much more than that. I'm just encouraged to see other guys my age with the same desire to get to know God more in depth and dive more deeply into the Scripture. For me, it's a good reminder to read God's word every day, and I've actually found myself looking forward to reading the Bible for a set amount of time each day. I've almost become dependent on it, which I think is extremely beneficial." - Austin Chitwood- Cross Country, Track



"I look forward to meeting to read Utmost on Fridays because it's a good conversation I can count on and I always learn something new from other people's perspective. Through the group I've also gained friends in women who I am able to count on for encouragement, accountability and prayer the rest of the week." - Brianne Hoglin- W. Track





Sam Remmington- M. Cross Country

"This season I learned that when God is telling me do to something, no matter how difficult or confusing, there will be a peace that comes along with it. A peace that is stronger than any doubt or any pain. Thank you Father for making me aware of your peace and allowing it to give me the courage I need to follow your greater plan."

Taylor Racich- Volleyball

"God has taught me the gift of being on a team! Spending time with my teammates off the court made me realize what it was probably like for Jesus to constantly be with his 12 disciples. I learned a lot from my teammates, but was also inspired by the staff. The staff developed their relationships with us, which made it a healthy environment for everyone. We became a family fast because we spent so much time together in community. Because of this family, God showed me how to have fun playing the sport I have grown up playing."



Buddy Ramirez- M. Soccer

"This past season GOD has been showing me how to live a life of worship and be in his presence constantly. I used to think that "worship" was just a thing one does at the beginning of a church service on a Sunday, but boy was I wrong. A life of worship starts with the smallest of detail, starting from just thanking him for another day of life to playing soccer to loving people around you. Living a life for his glory and constantly thanking him for his goodness has transformed me from the inside out."

Elise Andrich- W. Soccer

"God has used the game of soccer as a tool and a bridge to ultimately teach me the purpose of my life. God has shown and proven to me that when my belief lies in Him first and foremost, then all other aspects of life will begin to fall into place. I could not be more grateful for this incredible opportunity I have in front of me; the opportunity to play the game that I love, with the people who bring me endless amounts of joy, while growing closer to the God that has changed my life forever."



Sally Larson- W. Cross Country & Track

"I love this sport God has allowed me to enjoy, and I have celebrated and struggled through the many lessons it's mud and grass have taught me. My final collegiate race was a lesson of struggle, which is a hard way to end, but rich soil for growth. Throughout my running carrer, God has used running as a constant physical reminder of spiritual truths. The failures have been no less valuable as the successes, as has continued to prove true in my relationship with God. God helps us grow in surprising ways, and running has always been that for me."

